# HOW TO OVERCOME TEMPTATIONS, ALL ADDICTIONS AND SEXUAL SIN?



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Praise Jesus Christ of Nazareth, brothers and sisters. Praise Jesus Christ of Nazareth, indeed. Today the power of Christ daily, the title is overcoming temptations, overcoming sin, overcoming evil thoughts, overcoming sexual immorality. Overcoming because we are overcomers in CHRIST.

Those of you who have read my testimony, will know I was a very evil man. I was a drunkard. I was violent. I was an adulterer. I was sexually immoral, everything and Blasphemer. So did it all stop, as soon as Jesus Christ captured me, took control of me when I agreed, when I surrendered myself to JESUS CHRIST?

It did not stop. The temptations came, but I overcome. How did I overcome? Not by myself, that's very clear. If I could overcome by myself, I would have done it even before I went to Jesus Christ.

I went to Jesus Christ, of course, I was dying that time. But I couldn't overcome at that time, before Christ. I could only overcome after that in Christ. So it was Jesus, who does it for us. So how does He do this?

First of all, I can only tell you about myself and then I'll quote scriptures. And scriptures are clear how and what you should do. But let's see when a temptation comes, sexually immoral thoughts come.

## All Evil Thoughts Come from The Heart

First of all, you must know God Himself said, all evil thoughts come from the heart. Evil thoughts come from the heart. And there's another scripture God was using for something else. He said, why do you take up? Do not take up these thoughts. That means thought can be taken up or can be rejected. Thoughts you can take or thoughts you can reject.

Remember this, as soon as you are born again, that means you accepted Jesus Christ as Savior, Lord and Master and God. And actually, He's also the Husband of our souls. The Husband of my soul.

So since He's the Husband of my soul, He's inside me. I'm a born again. My spirit man is born again.

# Sisters - You're Really Not a Woman

Now, sisters in Christ, actually, you have a woman's body but you're really not a woman. You are more than that. You are a spirit being. You got Father God's spirit in you. You're a spirit being in a woman's body and you have been given a soul which has the mind and the heart in there. So all of us are spirit beings.

That is why God's word is clear. There's no male or female in Christ. So there's no male or female in Christ. There's no male or female in heaven. There are no marriages in heaven. But our soul. The Husband of our soul is Jesus Christ.

#### **Married Woman**

But if you're married, you're a woman, your husband is the husband of your flesh. For me, my wife is the wife of my flesh but my soul is the bride, part of the Church. The Church is the bride of Jesus Christ.

So sisters, remember this. You are a spirit being and you got Father God's spirit in you and Jesus is inside you. When Jesus is inside us, we have all power. His name is above all names.

Those of you who subscribe to the emails, there'll be Scriptures put for this segment also, like every other segment.

#### I Realized JESUS CHRIST Loves Me and Suffered for Me

Now let's look at this. So what did I do? I also was having all kinds of sexual immorality. Conduct was terrible. But when I came to Christ, one thing happened to me is, I realized that this is a loving God who suffered for me. He suffered and died and rose again for me.

He suffered so much and therefore, I did not want to sin against Him anymore. Although the Scripture will tell you the sexual immorality is actually sinning against your own self. You're sinning against your own body. Your own self, you're sinning against.

## How to Overcome This, Quickly?

But let's see how to overcome this, quickly? First of all, the Word of God says: Be renewed in the spirit of your mind and bring every thought, subject and in obedience under the Word of God. Obedience to the Word of God.

But for a new Christian, this all will not mean very much, because a new Christian does not know scriptures, does not know the Word of God. That comes as you go along and study the Scriptures and meditate on the Scriptures and all that. Then you're renewed in the spirit of your mind and the heart will change and all that.

## Simple Steps You Can Do

But immediately, for every new Christian, there are simple steps you can do. First of all, you MUST declare that you are a son of God.

Sisters in Christ, remember, you are a Son of God. You are not a daughter of God. You are a spirit being and you're a son of God. And those who came to Jesus Christ and accepted Him as Lord, Savior and Master, you have been given power to become sons of God.

That of course, if you see the King James Version. If you see the New King James Version, they'll put there, children of God or something. Go back to the Old King James. That's where the original text is. You're a son of God.

So now when a temptation comes. When the thought comes, a sexual immorality thought comes, or even anger thought, a hatred thought. A thought of somebody. It comes from where?

It comes from the heart. Jesus made it clear, from the heart comes all this. Now, when it comes from the heart, you should not take and think about it and go after it and dwell on it and use it.

# When a Sexual Thought Comes

So when a sexual thought comes. Now remember there are two areas here. Sexual thought coming from your heart and the other side is, the body is rising up for sexual satisfaction. Two issues.

The heart is bringing up sexual thoughts. Sometimes it may not be that. It may be just the body is craving for sexual immorality. But remember, it is from the heart, the thought comes. How does it come?

Because from your desire. Temptation comes when you are drawn by your own desire. By your own desire, not just evil desire. Any desire can bring you to temptation. So temptations come when you are drawn by your own heart's desire.

So we must deal with this heart. Face it. Don't say I'm struggling to overcome my sexual immorality, my sexual thoughts. I'm trying to overcome. No, no, don't try to overcome that, that way,

#### **JESUS CHRIST Will Do It for You!**

Jesus will do it for you! If you only change your heart because it's coming from your heart, right? It's coming from your heart. Jesus made it clear, our evil thoughts all are coming from our heart.

So we have to deal with this heart. So to deal with the heart, we actually can command the heart to think of Jesus.

In the name of Jesus Christ, I command the heart of Christie Lourdes to love Jesus Christ, to desire Jesus Christ and to know, you, soul of Christie Lourdes is part of the bride. That is the Church, part of the Church and the Bridegroom is Jesus Christ.

# You Are a Temple of GOD

Therefore, it is said you are a temple of God. The temple of God where Jesus Christ is inside and the Holy Spirit is inside. And this, my body is a temple of God, so I will not defile it. I will not defile this body because it's a temple of Jesus Christ.

You begin to speak to your heart. Command your heart in JESUS name, to know this is what it is. And that you will not defile this temple of God because Jesus Himself, says. The Word of God says: Anyone defiling this temple of God, will be destroyed.

Will be destroyed! You start reminding your heart and your mind.

Look here, mind of Christie Lourdes, you look here. Jesus Christ clearly says that anyone defiling the temple of God, which is my body, I will be destroyed. My body will be destroyed.

I'll be destroyed. So better start telling your heart and mind, the consequences. First of all, of allowing this thought and falling into sin. Now, so when you keep on telling, I do not want to be destroyed. My body is NOT TO BE DESTROYED!

#### Overcome by the Blood of JESUS CHRIST

Lord JESUS, I overcome by the Blood. The Blood of JESUS CHRIST. That is why, you must get back to that one segment which is the Blood of JESUS and The Breath of GOD. We'll post this along, you search for it and you'll get that.

The Blood of JESUS, Blood of JESUS, Blood of JESUS. When you begin to call on the Blood of JESUS, everything that's not of GOD flees and runs away because it's the Blood of JESUS CHRIST.

#### **How to Make Your Heart Love JESUS?**

But at the same time now, you have to make your heart understand that this JESUS! That the heart of Christie Lourdes must love this JESUS. Must love Jesus Christ because He loves us.

He loves us. And you know, then you begin to meditate. JESUS CHRIST hung on the cross for six hours. Six hours, He hung on the cross. You'll talk about those things.

So when the temptation comes, and the thought comes. The thought themselves are not sin yet. Remember another thing. When the thought is coming out of your heart and entering your mind and all that, it is not sin yet.

## Only When You Take up the Thought, It Becomes Sin!

Only when you take up the thought and act on it, then it becomes sin. For instance, Jesus said, what?

When you look at a woman to lust after her, this applies to both men and women. When you look at a woman to lust after her, that means, when you look at a woman, it's not sin here.

When you look at a woman to lust after her, then only you're committing adultery. Anyone looking at the woman to lust after her, is committing adultery in the heart. In the heart, Jesus already said in the Old Testament very clearly, only those who actually, physically commit adultery, are in sin.

But He said, I'm telling you, if you look at a woman to lust after her. You have committed adultery in your heart already.

That means, now we must understand, why Jesus put a higher standard? Because He gave us His Blood. He suffered. His skin was ripped apart with each whip. His skin was ripped, ripped and His face was torn and He hung on the cross.

## You Start Looking at JESUS on The Cross.

So you start looking at these things. You'll start looking at Jesus Christ on the cross, who is the Husband of your soul and suffering for you. Although He's not on the cross anymore. Two thousand years ago, He did this for you.

And you said, this JESUS is the Husband of my soul. I do not want to sin anymore. Heart of Christie Lourdes, you do not want to sin anymore.

### I Don't Want to Grieve JESUS CHRIST Anymore Because He Loves Me.

I do not want to grieve Jesus Christ anymore because He loves me. I love You, Lord Jesus. I accept You as my Lord, Savior, Master and GOD and the Husband of my soul. I'll walk in righteousness because You have given me the power to be a son of GOD and You have given me power to crucify my flesh.

So I tell my flesh. The other thing JESUS clearly said in the Word of God, says, we have been crucified with Christ. What has been crucified with CHRIST?

## The Spirit Man Has Been Crucified with CHRIST!

The Spirit man has been crucified with CHRIST. When we are born again, the spirit man, which was dead in sin, now been given the blood of JESUS CHRIST, the sin has been washed away.

So the spirit man of Christie Lourdes became alive. So alive in CHRIST! And then JESUS comes in because I accept Him as Lord, Savior and Master, and in that I walk.

# Whenever Temptation Comes, I Have to Look at The Cross, Look at The Suffering of JESUS CHRIST!

So whenever temptation comes, I have to look at the cross. Look at the suffering of JESUS CHRIST!

Then I said, I do not want to do this because I'm grieving Jesus Christ. And Jesus Christ is in my body, inside me.

# When I Sin, JESUS CHRIST Inside Me, Watching Me Sinning and He Grieves

And if I give in, that means Jesus there, is watching me do this. Whatever! If any sexual immorality I'm doing, Jesus is there watching me do this.

You begin to train your heart and mind to know, and be renewed in the spirit of your mind that Jesus Christ is inside you. And He sees this. So you will now walk straight.

## When Your Body Is Rising Up and Craving for Carnal Satisfaction.

So now you command your body because your body is rising up. I'm telling you, after I was born again or so, there will be attacks.

My throat will be seeking for beer or some liquor. Something will be wanting it. Every cell will be craving for some liquor. Then the name of JESUS CHRIST! What a mercy for me! Suddenly the Holy Spirit will make me, pray in tongues. So He will start coming.

That's why being a born again, go and get the baptism of the Holy Spirit, where you can pray in tongues. When you begin to pray in tongues, that will run away.

But those who cannot pray in tongues, just call on the Blood of JESUS. Blood of JESUS, Blood o

#### I Do Not Want to Grieve JESUS CHRIST

I crucify you. I deny you and pick up my cross. My cross is I will deny myself and care for others. I do not want to hurt anybody. I do not want to grieve Jesus Christ.

## GOD's Word says If You Practice Sinning, You Are Born of The devil!

This is how you start walking righteously, because God will make you walk righteously. He has made you righteous. Remember, even when you fell into sin, you were righteous. So long as you do not practice sin.

If you keep on practicing sin, which are like nothing, you don't care. You continue doing, then God's Word says, you are born of the devil.

#### **You Want to Actually Practice Righteousness**

But this is not the case for those who are listening to me today. You want to actually practice righteousness but you do fall into sin. So be renewed in the spirit of your mind means, start telling your heart and mind, what a loving GOD!

## The Husband of Your Soul, Hung Six Hours On the Cross for You!

The Husband of your soul, hung six hours on the cross for you to overcome and you love Him. Heart of Christie Lourdes, I love Jesus Christ. And to love Jesus Christ, Jesus Christ has made it very clear: You only love Me, when you walk in My Commandments.

#### JESUS CHRIST says: If You Love Me, Keep My Commandments

If you love Me, keep My Commandments. That means, if I don't keep His Commandments, I do not love Him. I want to love Him. I'm determined to love Him.

So I command my heart and body and mind to love Jesus Christ. And I command my heart to have only good thought.

Good thought means the Fruit of the Spirit: Love, Joy, Peace, Patience, Kindness, Goodness, Faithfulness, Humbleness and Self-Control.

#### Self-Control.

Self-Control. In the name of Jesus Christ, I command my body to have self-control because Jesus Christ is inside this body. Therefore, I will not give in to this desire of the flesh. I will crucify it by the Blood of Jesus Christ. In Jesus' name I pray.

## **Actually All Are Brethren**

Brothers and sisters, actually all are brethren. That's why the Bible says, Brethren. Some people think they say brethren, brethren and then the girls think they'll all be left alone. No, Jesus loves you.

You are a Brethren, because you're a spirit man. Father God's spirit. A spirit being with a woman's body. In a woman's body. Thank Jesus Christ.

I pray this gets you to Freedom and to please, Jesus Christ. You walk in the righteousness, with the power of the Blood of Jesus Christ. AMEN. AMEN.